

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



July 2024

Happy Healthy Active Holidays

Happy Healthy Active Holidays runs holiday clubs during the Easter, Summer and Christmas school holidays. There are funded spaces available to children in reception through to year 11 who receive benefit-related free school meals. It won't cost anything to attend. Each club will have a range of fun activities such as sports, cooking, dance, music, arts and crafts, and a nutritious meal each day.

Once you have registered you will be notified when your eligibility has been confirmed and you will be able to go ahead and book activities taking place from 22 July to 1 September 2024.

You can view all holiday clubs, and filter on SEND specific/inclusive clubs on: www.hhah.telford.gov.uk

Wrekin Forest School

Wrekin Forest School has been running for over twelve years and is led by Judie, a mum to four adult children and a qualified teacher of twenty years. As a teacher she fell in love with the concept of outdoor learning and forest school. She is a qualified Forest School Leader and her passion for outdoor learning is as strong today as it was when she first qualified! Judie longs to provide an environment that gives access to all ages and abilities.

They strive to provide an environment that nurtures all who attend, through activities that allow users to learn new skills, increase resilience and become great risk assessors. The outdoors enhances self esteem and mental wellbeing. Wrekin Forest School run inclusive, as well as SEND sessions.

You can find out more at: www.wrekinforestschool.co.uk

iCan2 Membership Scheme

As you may be aware, iCan2 is the membership scheme ran by Telford and Wrekin Council to offer fun and engaging activities to children and young people 0-17 with disabilities. iCan2 provides targeted and preventative level support for children and young people where disability has a moderate or severe impact on day-to-day life. Within the scheme, there will be providers that deliver creative arts, sports and leisure, and youth clubs. We also offer passes for local attractions.

The scheme has recently undergone some changes, and in order to access all of the wonderful activities and local attraction passes, membership is required. If you would like to become a member and access these exciting opportunities, you can download the membership form and find more details, including eligibility criteria [here](#).



iCan2 Sports and Leisure Club

As discussed at the Short Breaks Forum, work to tender for the iCan2 Sports and Leisure Club is progressing. We have taken feedback from parents on board and have tendered for a three hour session to enable parents to have a meaningful break whilst their child or young person attends. We have requested a wide range of sports and leisure activities to appeal to as many children as possible. We will update you when a provider has been appointed.

In addition to this, a Youth Club will be commissioned later in the year. Parent representatives will be invited to be part of the tender process so that we can ensure views are included.

Short Breaks Forum

The Short Breaks Forum provides an opportunity for local families to meet with Telford and Wrekin Council representatives to discuss and exchange views, information and options to meet the social care needs of children with disabilities.

If you would like to attend and be involved in these conversations, our next forum is 10th September 2024, 10-12pm at PODS Hub, 1 Hawkworth Road, Central Park, Telford, TF2 9TU. You do not need to register—you are more than welcome to come along!



COMING SOON—iCan2 Creative Arts

The 4 All Foundation is delighted to announce the launch of three new workshops as part of the iCan2 membership scheme in Telford & Wrekin. These exciting activities will be divided into dance, drama, and music workshops, featuring themed sessions such as The Lion King, African drumming, and street dance.

Stay updated with tasters, themed events, and more by following 4All social media pages and signing up for their newsletter by emailing info@4all.foundation

Short Breaks Statement 2024

Following consultation in December 2023, we have been working on our new Short Breaks Statement. In Telford & Wrekin we work together with children, young people and their families to achieve the best possible outcomes in all areas of their life. We believe that with the 'right support at the right time' this is possible. Working together, children and young people with disabilities can and will achieve their full potential. The Short Break Statement is designed to show how we meet the social care needs of Children and Young People with disabilities in Telford.

You can view the Short Breaks Statement [here](#).

Save the Date—The Bike Hub

The Travel Telford team are launching a brand-new fleet of adaptive bikes. These bikes will be available to hire from Telford Bike Hub in Telford Town Park at the end of July – just in time for the summer holidays!

They are making cycling more accessible for everyone in Telford and Wrekin and this new range of bikes are for both young people and adults with a variety of learning and physical disabilities, as well as health issues. The new fleet will be used for a variety of activities including helping more children complete the 10by10 programme.

Keep your eyes peeled for more information soon.

In the meantime why not come and have a look what's on offer and talk to the team about how these new bikes could be used.

If you'd like to find out more please come along to the launch event:

- Saturday 20 July
- 11am until 4pm
- Telford Bike Hub (in Telford Town Park) next to the Visitor Centre

Families can have a go one of the 13 new bikes – there will be variety of bikes on offer to support residents with additional needs who would otherwise not be able to cycle.

The bikes have both user and carer controls. The range includes a hand powered cycle, wheelchair loader, side by side, trikes and more.

Get advice from the Travel Telford team about what bike best suits you or your child's needs.

Plus learn about our local bike routes in and around Telford Town Park or tell us more about what is needed to make routes more accessible and usable.

Any questions regarding the launch event or the new fleet please email thebikehub@telford.gov.uk

Stay 'N' Play

Stay 'N' Play is a playgroup for primary age children with SEND in Newport. It runs every Thursday in the school holidays, 10-12pm. There are a range of toys for children to enjoy and siblings of any age are welcome. Admission is £3 per child and £1 per sibling. Blue badge parking and accessible toilets are available onsite. The address is Newport Parish Room, New Street, Newport, TF10 7AX.

Date and Time	Activity	Location	Details
Monday			
Every Week—10-11.30am	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—3.45-4.45pm	PODS Sensory Session		
Every Week—4-5pm	PODS Stop Motion		
Every Week—4-5.30pm	Soft Play for Juniors	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—6-8pm	Soft Play for Seniors		
Every Week—11.15-12.15pm	Children's Autism Hub Coffee and Chat	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Tuesday			
Every Week—3.45-4.45pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Minecraft		
Every Week—4-6pm	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	Challenging Perceptions Youth Wellbeing Group	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—3.30-4.30pm	4 All Boxing	104-106 Southgate, Telford TF7 4HG	No booking required.
Every Week—10-11.30am (term time only)	Shining Stars SEND Play-group 0-5yrs	The Linden Centre, Oak Road, Overdale, Telford, TF3 5BT	If you have any enquiries, email shiningstars2017@hotmail.com
Wednesday			
Every Week—3.45-4.45pm	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Lego		
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	4 All Dodgeball	104-106 Southgate, Telford TF7 4HG	No booking required.

If you would like to discuss your child's needs or accessibility requirements, please contact the activity provider on the details above ahead of the session to avoid disappointment.

Date and Time	Activity	Location	Details
Thursday			
Every Week—4-5pm	PODS Activity Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10.30-1.30pm	Special Needs Activity Centre	7 Downemead, Hollinswood, Telford, TF3 2EW	For more information, please visit SNAC on Facebook.
First Thursday of Month—4.30pm	Children's Autism Hub Dugout 11-18yrs	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Friday			
Every Week—1-2pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-12pm	Ice Rink SEND Session	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—5-6pm	Ice Rink SEND Session		
Third Friday of Month —7pm	Funky Friday Inclusive Disco 15+	The Navy Club, Bellman's Yard. Newport, TF10 7AJ	Entry is by pre-booked ticket only. See Facebook page Funky Friday Inclusive Disco for booking details.
Every Week—10-11am	Challenging Perceptions Under 5's Parents and Toddlers	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Saturday			
Every Week—1.45-2.15pm	Silhouette Dance SEND Session	Randlay Avenue, Telford, TF3 2LH	To book, call 07792300692.
Every Week—10-11am	PODS Activity Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Sunday			
Every Week—12.15-1.30pm	SEND Swimming	Abraham Darby Leisure Centre, Ironbridge Rd, Telford, TF7 5HX	To view full timetable, visit https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Every Week—9-10.30am	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—5-6pm	Wrekin SEND Swimming Club	Wellington Leisure Centre, Tan Bank, Wellington, Telford TF1 1LX	For more information, search Wrekin Special Swimming Club on Facebook or call 07530465472.
Alternate Sunday's	Big Street Little Feet Role Play Centre	2 Anstice Square, Horseshoe Court, Madeley, Telford TF7 5BD	To book and find out more information, visit https://www.bigstreetlittlefeet.co.uk/home