

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



October 2024

SIGN UP—iCan2 Scheme

iCan2 is the membership scheme managed by the Children with Disabilities Team to offer fun and engaging activities to children and young people 0-17 with disabilities. The iCan2 scheme is explained in more detail within the Short Breaks Statement (see below).

iCan2 includes providers that deliver creative arts, sports and leisure, as well as passes for local attractions.

In order to access all of the wonderful activities and local attraction passes, NEW membership is required. If you would like to become a member and access these exciting opportunities, you can download the membership form and find more details, including eligibility criteria [here](#).

BOOK NOW—iCan2 Creative Arts

iCan2 members can now book a place on the brand new Creative Arts Club! These exciting activities will be divided into dance, drama, and music workshops, featuring themed sessions such as The Lion King, African drumming, and street dance. Please see attached flyers for further information.

The sessions are now being held on a Monday, Wednesday and Friday evening, 4:30-6:30pm at Admaston House.

We have received positive feedback from parents who have already attended the sessions, and we are excited to hear how the sessions progress. If you would like to book a place or ask any questions, please email info@4all.foundation

ICAN2 SHORT BREAKS
Dance PROGRAMME
£2 per session
EVERY MONDAY
4:30PM - 6:30PM
ADMASTON HOUSE
COMMUNITY CENTRE
TELFORD, TF5 0BN
A WEEKLY DANCE PROGRAMME FOR CHILDREN WITH DISABILITIES TO JOIN. WEEKLY ACTIVITIES WILL INCLUDE STREET DANCE, IRISH DANCING, HIP HOP AND MORE!
OPEN TO ICAN2 MEMBERS ONLY! TO REQUEST MEMBERSHIP, PLEASE SCAN HERE
FOR FURTHER INFORMATION OR TO BOOK, EMAIL
INFO@4ALL.FOUNDATION
WWW.4ALL.FOUNDATION 0800 321 3617

ICAN2 SHORT BREAKS
Drama PROGRAMME
£2 per session
EVERY FRIDAY
4:30PM - 6:30PM
ADMASTON HOUSE
COMMUNITY CENTRE
TELFORD, TF5 0BN
A WEEKLY DRAMA PROGRAMME FOR CHILDREN WITH DISABILITIES TO COME. CHILDREN WILL TAKE PART IN PERFORMANCES THAT WILL INCLUDE PETER PAN AND THE LION KING!
OPEN TO ICAN2 MEMBERS ONLY! TO REQUEST MEMBERSHIP, PLEASE SCAN HERE
FOR FURTHER INFORMATION OR TO BOOK, EMAIL
INFO@4ALL.FOUNDATION
WWW.4ALL.FOUNDATION 0800 321 3617

ICAN2 SHORT BREAKS
Music PROGRAMME
£2 per session
EVERY WEDNESDAY
4:30PM - 6:30PM
ADMASTON HOUSE
COMMUNITY CENTRE
TELFORD, TF5 0BN
A WEEKLY MUSIC PROGRAMME FOR CHILDREN WITH DISABILITIES TO JOIN. WEEKLY ACTIVITIES WILL INCLUDE AFRICAN DRUMMING, DIGITAL MUSIC MAKING, UKULELES AND MORE!
OPEN TO ICAN2 MEMBERS ONLY! TO REQUEST MEMBERSHIP, PLEASE SCAN HERE
FOR FURTHER INFORMATION OR TO BOOK, EMAIL
INFO@4ALL.FOUNDATION
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Tourettes Support Group

Tourettes Action Group welcomes all families who have a child or young person that may be affected by Tourettes (or tics) in Telford. They welcome anyone to attend to find out more about this condition and to receive support and share experiences. Their group leader is trained and supported the national 'Tourettes Action' organisation.

PODS Charity is hosting these sessions at their hub: 1 Hawksworth Road, Central Park, Telford. TF2 9TU.

You can view more information or book a place at: [Tourettes Action Telford Group at PODS Charity Hub event tickets from TicketSource](#)



Hocker Hill—SEND Sessions

Hocker Hill's all-weather adventure playground is designed to challenge, entertain and inspire. At the heart of the barn, the awe-inspiring great oak will inspire your little acorns and saplings to reach and climb. Surrounding it are swings, slides, towers, bridges, walkways and tunnels – a multi-layered world for them to jump into, shape and explore.

SEND sessions are now here! These play sessions are specifically for children with Special Educational Needs and Disabilities (SEND) and their families. SEND sessions provide a safe environment to play and have fun, having fewer visitors in them and quieter surroundings. The café will be open as usual during this session.

The SEND sessions are held on the first Thursday of each month, 3:00-5:30 at, Kiddemore Green Road, Brewood, ST19 9BQ.

You can find out more at: www.hockerhill.com

The Way—Youth Zone

The Way offer somewhere safe to go, something fun to do and someone trusted to talk to after school every evening and then they welcome the wider community into their Youth Zone on Saturdays, running themed activities for families with young people of all ages and abilities.

'Families with SEND, we see you, and we understand the unique joys and challenges you face. That's why part of our Saturday Squad is especially for you. Every Saturday morning 10am-12:30 we run a welcoming haven for families of all ages to connect, relax, and have fun in a calm and understanding environment.

Each week, we embark on a new sensory-friendly adventure:

- Nature's wonders: Plant seeds, identify different textures, and create nature-inspired crafts.
- Around the world: Travel without leaving our space! Join us for cultural journeys filled with arts, crafts and sensory experiences showcasing different countries.
- Safari adventure: Embark on a sensory safari! Learn about diverse wildlife through engaging stories, animal sounds, and touch-friendly textures. Create your own safari hats and animal biscuits.
- Circus fun: Step right up for a sensory circus experience! Enjoy juggling demonstrations, explore movement with colorful scarves, and create your own mini-performances with music and props.
- More exciting themes: From pirates on the high seas to space exploration and undersea wonders, our calendar is packed with new adventures each week. Each week brings a new theme, designed with your child's needs and interests in mind.'

The Way is located in The Way Youth Zone, School Street, Wolverhampton, WV3 0NR.

If you are interested and would like to find out more, please visit www.thewayyouthzone.org or call 01902 328290.

Date and Time	Activity	Location	Details
Monday			
Every Week—10-11.30am	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—3.45-4.45pm	PODS Sensory Session		
Every Week—4-5pm	PODS Stop Motion		
Every Week—4-5.30pm	Soft Play for Juniors	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—6-8pm	Soft Play for Seniors		
Every Week—11.15-12.15pm	Children's Autism Hub Coffee and Chat	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Tuesday			
Every Week—3.45-4.45pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Minecraft		
Every Week—4-6pm	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	Challenging Perceptions Youth Wellbeing Group	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—3.30-4.30pm	4 All Boxing	104-106 Southgate, Telford TF7 4HG	No booking required.
Wednesday			
Every Week—3.45-4.45pm	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Lego		
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	4 All Dodgeball	104-106 Southgate, Telford TF7 4HG	No booking required.

If you would like to discuss your child's needs or accessibility requirements, please contact the activity provider on the details above ahead of the session to avoid disappointment.

Date and Time	Activity	Location	Details
Thursday			
Every Week—4-5pm	PODS Activity Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10.30-1.30pm	Special Needs Activity Centre	7 Downemead, Hollinswood, Telford, TF3 2EW	For more information, please visit SNAC on Facebook.
First Thursday of Month—4.30pm	Children's Autism Hub Dugout 11-18yrs	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Friday			
Every Week—1-2pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-12pm	Ice Rink SEND Session	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—5-6pm	Ice Rink SEND Session		
Third Friday of Month —7pm	Funky Friday Inclusive Disco 15+	The Navy Club, Bellman's Yard. Newport, TF10 7AJ	Entry is by pre-booked ticket only. See Facebook page Funky Friday Inclusive Disco for booking details.
Every Week—10-11am	Challenging Perceptions Under 5's Parents and Toddlers	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Saturday			
Every Week—1.45-2.15pm	Silhouette Dance SEND Session	Randlay Avenue, Telford, TF3 2LH	To book, call 07792300692.
Every Week—10-11am	PODS Activity Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Sunday			
Every Week—12.15-1.30pm	SEND Swimming	Abraham Darby Leisure Centre, Ironbridge Rd, Telford, TF7 5HX	To view full timetable, visit https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Every Week—5-6pm	Wrekin SEND Swimming Club	Wellington Leisure Centre, Tan Bank, Wellington, Telford TF1 1LX	For more information, search Wrekin Special Swimming Club on Facebook or call 07530465472.