

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



November 2024

SIGN UP—iCan2 Scheme

iCan2 is the membership scheme managed by the Children with Disabilities Team to offer fun and engaging activities to children and young people 0-17 with disabilities. iCan2 includes providers that deliver creative arts, sports and leisure, as well as passes for local attractions.

In order to access all of the wonderful activities and local attraction passes, membership is required. If you would like to become a member and access these exciting opportunities, you can download the membership form and find more details, including eligibility criteria [here](#).

BOOK NOW—iCan2 Creative Arts

iCan2 members can now book a place on the brand new Creative Arts Club! These exciting activities are divided into dance, drama, and music workshops with an arts and crafts table. The sessions are centred around child led play and they can play instruments, design and colour costumes and masks, enjoy the music and have a boogie.

The sessions are now being held on a Monday, Wednesday and Friday evening, 4:30-6:30pm at Admaston House. We have received positive feedback from parents who have already attended the sessions, some saying that their children do not want to go home, and we are excited to hear how the sessions progress. Parents do not need to stay at the sessions, but are welcome to if they would prefer.

If you would like to book a place or ask any questions, please email info@4all.foundation

BOOK NOW—Sports and Leisure

iCan2 members can now book a place on the brand new Sports and Leisure Club, starting in January 2025! A new provider has been commissioned to provide the club—Genius Tuition. They are an experienced provider, already working with our Southall and Queensway schools to provide holiday clubs.

Southall school will be the new venue for the club. The programme is promising to be varied, supported by qualified sports coaches and care assistants, offering indoor and outdoor sports, games, quiet arts table, as well as a child led play approach.

We have increased this to be one 3 hour session each Saturday morning - children are able to leave the club early on arrangement. There are up to 30 places per session available. As this club is subsidised by the Local Authority, the cost to you for a 3 hour session is £5 per child. Parents do not need to stay at the sessions, but are welcome to if they would prefer.

If you would like to book a place or ask any questions, please email support@geniustuition.co.uk

Christmas at Attingham Park

Attingham Park have announced their plans for the festive period!

The Mansion will be decorated with Christmas trees with the theme of Stories, Myths and Legends.

They have the Outdoor trail along the mile walk. Trail sheets will be available to buy from Visitor Reception.

They will be running SEND relaxed sessions on certain dates at the end of November and during December:

These sessions will be quieter and more relaxed, especially designed for visitors on the Autism Spectrum or who have sensory processing difficulties and may find visiting during regular opening hours overwhelming.

During these relaxed opening times visitor numbers will be reduced and they will have the following resources available to help visitors with their visit:

- Sensory bags from Visitor Reception
- Ear Defenders from Visitor Reception

Please book these through the website. Bookings for these SEND sessions will go live on the website on Thursday 14 November 2024.

The dates for these SEN sessions are:

- 9.30am - 10.15am, Saturday 30 November
- 4.00pm - 4.30pm, Sunday 1 December
- 4.00pm - 4.30pm, Thursday 5 December
- 4.00pm - 4.30pm, Saturday 28 December
- 9.30am - 10.15am, Monday 30 December

You can find out more about what is on offer on their website: [Christmas at Attingham Park | Shropshire | National Trust.](#)



Short Breaks Market Place Event

Tuesday 3rd December 2024



Telford & Wrekin's Children with Disabilities Team are inviting you to come along and find out what services and activities are available in Telford for you and your child. There will be representatives from:

- Local Care Providers,
- Parents Opening Doors (PODS) Charity and PODS Parent Carer Forum,
- Telford & Wrekin's Council for Voluntary Services,
- iCan2 Activity Providers,
- Community Based Activity Providers,
- Information, Advice and Support Services,
and many, many more!

2-7pm

Telford and Wrekin CVS, Suite 12 & 15, Hazeldine House, Central Telford, Telford, TF3 4JL
For directions, please visit www.telfordandwrekin CVS.org.uk. There is a multi-storey car park opposite the building and drivers must pay when returning to their car. The room is on the second floor but there is a lift available for those that need it. The building has an accessible toilet.



Telford & Wrekin
Cooperative Council

Protect, care and invest
to create a better borough

Approved Care Providers

Telford & Wrekin Council operate a framework to accredit community care and support agencies to provide these services to local families. The Commissioning Team are delighted to inform you that the following agencies have been approved. These approved agencies will be approached first for the new referrals (changes to existing packages may remain with the current agency). Direct Payment holders can negotiate directly with these, and any other agencies—we recommend always using a CQC registered agency for children.

- Brockton Care Limited
- Eden Housing and Support
- Empowering U
- Job Merger
- Onecare World Health
- Win Health Care

You can find out more information and contact details in the attached document.

Date and Time	Activity	Location	Details
Monday			
Every Week—10-11.30am	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—3.45-4.45pm	PODS Sensory Session		
Every Week—4-5pm	PODS Stop Motion		
Every Week—4-5.30pm	Soft Play for Juniors	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—6-8pm	Soft Play for Seniors		
Every Week—11.15-12.15pm	Children's Autism Hub Coffee and Chat	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Tuesday			
Every Week—3.45-4.45pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Minecraft		
Every Week—4-6pm	Pirates and Princesses Soft Play SEND Session	Unit 17, Cedar Court, Halesfield 17, Telford TF7 4PF	To book, call 01952582382
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	Challenging Perceptions Youth Wellbeing Group	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Every Week—3.30-4.30pm	4 All Boxing	104-106 Southgate, Telford TF7 4HG	No booking required.
Wednesday			
Every Week—3.45-4.45pm	PODS Sensory Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—4-5pm	PODS Lego		
Every Week—6-7pm	Airea 51 SEND Session	Airea 51, Stafford Park 12, Telford, TF3 3BJ	To book, visit https://www.visittelford.co.uk/things-to-do/airea51-p1418561
Every Week—4-5pm	4 All Dodgeball	104-106 Southgate, Telford TF7 4HG	No booking required.

If you would like to discuss your child's needs or accessibility requirements, please contact the activity provider on the details above ahead of the session to avoid disappointment.

Date and Time	Activity	Location	Details
Thursday			
Every Week—4-5pm	PODS Activity Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10.30-1.30pm	Special Needs Activity Centre	7 Downemead, Hollinswood, Telford, TF3 2EW	For more information, please visit SNAC on Facebook.
First Thursday of Month—4.30pm	Children's Autism Hub Dugout 11-18yrs	Hazeldine House, Central Square, Telford TF3 4JL	To book, contact 01952260062 or email childrensautism@tandwcvcs.org.uk
Friday			
Every Week—1-2pm	PODS Sensory Sessions	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Every Week—10-12pm	Ice Rink SEND Session	Telford Ice Rink, International way, Telford TF3 4JQ	To book, visit https://www.telfordicerink.co.uk/info/5/soft-play
Every Week—5-6pm	Ice Rink SEND Session		
Third Friday of Month —7pm	Funky Friday Inclusive Disco 15+	The Navy Club, Bellman's Yard. Newport, TF10 7AJ	Entry is by pre-booked ticket only. See Facebook page Funky Friday Inclusive Disco for booking details.
Every Week—10-11am	Challenging Perceptions Under 5's Parents and Toddlers	Park Lane Centre, Woodside, TF7 5QZ	To book, call 01952683700.
Saturday			
Every Week—1.45-2.15pm	Silhouette Dance SEND Session	Randlay Avenue, Telford, TF3 2LH	To book, call 07792300692.
Every Week—10-11am	PODS Activity Session	PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU	To book PODS activities, visit www.ticketsource.co.uk/Parents-Opening-Doors-PODS . For any queries, contact support@podstelford.org
Sunday			
Every Week—12.15-1.30pm	SEND Swimming	Abraham Darby Leisure Centre, Ironbridge Rd, Telford, TF7 5HX	To view full timetable, visit https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Every Week—5-6pm	Wrekin SEND Swimming Club	Wellington Leisure Centre, Tan Bank, Wellington, Telford TF1 1LX	For more information, search Wrekin Special Swimming Club on Facebook or call 07530465472.